



# [H]Institute

## Your Story Matters - Lesson 9 Outline Stewarding Stories: Tools of Story-Craft

*Timelines, narrative journaling, group processing*

*“Memories are never simply records of the past, but are interpretative reconstructions that bear the input of local narrative conventions, cultural assumptions, discursive formations and practices, and social contexts of recall and commemoration.”<sup>1</sup>*

Story Time

### **Facing Reality | Tools of Story-craft**

*“A life made possible through denial and forgetting may initially appear healthy and resilient; however, trauma theorists maintain that it is only through a painful process of coming to terms with loss that there can be any genuine healing.”<sup>2</sup>*

How can we help others with remembering?

- Provide support
- Give stability and offer direction
- Equip for ongoing growth
- Monitor progress
- Fit for the need
- Varied and adjustable
- Keep us on track

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<sup>1</sup> Antze & Lambeck, as cited in Foxen (2000). Cacophony of Voices: A K'iche' Mayan Narrative of Remembrance and Forgetting. *Transcultural Psychiatry*, 37(3), 355-381.

<sup>2</sup> *Bible Through the Lens of Trauma*, p. 113.



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**What are some tools for remembering?**

Timelines

Narrative Journaling

Metaphors and Imagery in Story Work

Group Processing

**How should we evaluate our tools?**

**Making Connections | Engaging the Senses in Story-craft**

Hebrews 5.

I John 1:1-4

John 20

Mark 5

Psalms 63



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### **Making Connections | Identifying Beliefs and Thought Patterns in Story-craft**

Resource from Beth Broom: [Uprooting False Beliefs](#)

*“Go wide in your use and application of scripture. A biblical panorama guards us from cherry-picking passages.”<sup>3</sup>*

### **Making Connections | Grieving Together in Story-craft**

Lamenting what lingers

Lamenting God’s lateness

Resources: Lamenting worksheets, book list

### **Making Connections | Building Hope in Story-craft**

*“To tell the story of Jesus is to tell the story of a traumatic event. Jesus is betrayed by his closest friends. He is mocked, stripped, beaten, and publicly humiliated. He is falsely accused, wrongly condemned, and when he speaks truth no one believes him. His attackers spit on him, pull his hair, and call him names. He is alone, left in darkness, and abandoned even by his own father. Jesus knows the experience of trauma, the suffering of betrayal, violation, and violence. If anyone knows what it means to suffer, it is Jesus. He can relate. Christ isn’t washing suffering away. He is transforming it.”<sup>4</sup>*

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<sup>3</sup> Mike Emler, <https://www.ccef.org/products/ancient-word-modern-world-how-does-scripture-speak-today>

<sup>4</sup> Dave Dunham, <https://www.biblicalcounselingcoalition.org/2017/08/09/trauma-and-the-significance-of-meaning/>